

Join David & Teresa for fun, laughter & learning.

Balancing Health and Wellbeing

with Thera-Band® Products



Kent Health

— S Y S T E M S —



in Association with

FSMTA
Florida State
Massage Therapy
Association



Homeostasis is a state that helps the body function with minimal stress, strain and avoids injury. When muscles are balanced in length and strength proper posture and movement can easily take place. Come have fun with David Kent and Teresa Matthews as they show how to save time, energy and money while caring for the most valuable resource of all - you. Knowing how to tap the resources around you is the key. Visual, auditory and kinesthetic learners will love this class.



David Kent, LMT, NCTMB, is a writer, educator and international lecturer specializing in dissection, medical massage and practice building seminars.

David founder and president of Kent Health Systems, is a product innovator and has developed the Postural Analysis Grid Chart, Trigger Point and Muscle Movement Charts, Personalized Essential Office Forms and DVD Programs. His clinic Muscular Pain Relief Center employs numerous therapists and receives referrals from area hospitals and various medical specialists. David's cutting-edge images and software add excitement to his dynamic teaching style. Learn more call: **888.574.5600** or visit www.KentHealth.com

July 5, 2008

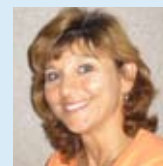
Boca Raton Resort and Club
3 CEUs • Sat: 2 -5

Register Now...

877-376-8248

www.FSMTA.org

For additional information contact:
Florida State Massage Therapy Association, Inc.
E-Mail: info@fsmta.org



Teresa Matthews, LMT, CPT, developed Health, Wellness and Fitness Professionals, Inc. to share her knowledge of strength training, stretching and overall wellness to

individuals, especially massage therapists. She is the owner of Arlington School of Massage and Personal Training in Jacksonville, Fl. Teresa is a World Champion Athlete with over 25 years experience in the fitness industry. She created a series of DVDs on practical stretching and strengthening to share her passion to educate everyone on fitness. Helping people to be fit is her forte, especially when she has to get creative for individuals with limitations or disabilities. Call: **904.745.1688** or visit ArlingtonSchoolofMassage.com

Sponsored by

